

# Brittany

*land of legends and folklore*



## *Cruising Suggestions*

1 WEEK - ONE WAY TRIP



### ■ *Messac/Dinan*

OF VICE-VERSA

#### *Vilaine - Canal d'Ille et Rance*

Stroll through **Rennes**, the capital of Brittany and admire the pretty gabled houses. For sports lovers, **Betton** has tennis and horse riding facilities for some action ashore. Bordering a lake, **Combours** is a quaint town with an imposing 11th century fortress or take a dip in the heated open-air swimming pool at **Lehon**.

127 km • 57 locks • 30 hr one way cruising time

### ■ *Messac/Nort-sur-Erdre*

OF VICE-VERSA

#### *Vilaine - Canal de Nantes à Brest - Erdre*

Enjoy cruising on the **Erdre**, considered to be the most beautiful river in France. Discover mysterious alignments of standing stones at **Langon** or cycle through the winding streets of **La Roche Bernard**. Sample some crisp cider in the cider factory at **Guenrouetar** get active with a spot of mini golf or tennis. Spend time soaking up the history of **Nantes**, home to the Dukes of Brittany.

260 km • 18 locks • 35 hr one way cruising time



Renowned as the French land of legends and home to the Dukes of Brittany, there are over 600 km of waterways just waiting to be discovered in this stunning region. Lining the water you'll find landscapes dotted with imposing castles and manor houses that date back to the 18th and 19th centuries as well as an exciting assortment of birds and wildlife. Cycle alongside pretty Napoleonic canals or hike along the specially constructed countryside routes to get to the heart of the countryside. Sample the delicious local crepes and galettes with either Muscadet or Cider. Make sure you moor beside the walls of the fairytale castle at Josselin and take some time to explore the winding medieval streets of Dinan.



## Flavours of the region



Authentic galettes are pancakes made with buckwheat and are served with savoury fillings such as ham and cheese. Crêpes are the sweet version – butter and sugar being the most popular filling! Enjoy these treats with a glass of thirst quenching, crisp cider.

1 WEEK - RETURN TRIP

### Messac/Nantes

#### Vilaine - Canal de Nantes a Brest - Erdre

Cruising down from **Messac** to **Redon** you will pass under the iron bridge of Port de Roche, decorated with the seals of Napoleon and Eugenie and built for the universal exhibition in **Paris**. Nature lovers will enjoy a walk in the Forêt du Gâvre between **Guenrouet** and **Blain**. Passing through the lock at Quiheix you will reach the river Erdre. According to Breton legend 100 castles were built along its banks. Cruise to **Nantes** to discover the castles of the Dukes of Brittany in this historic city.

280 km • 36 locks • 42 hours round trip cruising time

### Messac/Josselin

#### Vilaine - Canal de Nantes à Brest

Take a walk around the stunning Yves Rocher botanical gardens and visit the famous beauty centre at **La Gacilly**. Enjoy a tour of **Malestroit** and discover the town's luxurious houses. Explore the grand Chateau at **Josselin**, considered the most beautiful in the region, and admire the houses clustered around the main square.

208 km • 36 locks • 36 hr round trip cruising time