



Aquitaine/Gascony

a gourmet experience!

Flavours of the region

Let your taste buds take over, as Aquitaine is renowned as a region where good food and feasting are well-loved pastimes! Sample sumptuous foie gras, outstanding amagnac and wines from Graves, St. Emilion and Medoc in their home landscapes. With such wonderful gastronomic delights, you'll want to visit this region time after time!

Situated in south west France, your journey into Aquitaine Gascony takes you along the Garonne valley, the Baïse river or the downstream area of the river Lot. Gentle plains streaked with vineyards and dotted with wooded valleys will tempt you ashore for impromptu picnics. Secret fortified towns – or Bastides - such as Valence d'Agen can be found throughout the region and provide picture perfect scenery to inspire artists and photographers. Relish lazy afternoons in main squares with a glass of Buzet or Cahors wine.



Cruising suggestions

1 WEEK - ONE WAY TRIP

Le Mas d'Agenais/Condom OR VICE VERSA

Canal latéral à la Garonne – Baïse
Moncrabeau is home to the 'academy of liars' which was formed in the 17th century! On a good day you can look out over the straits of Gibraltar from the town. Take your sketchbook ashore at **Valence sur Baïse**, a picturesque fortified town overlooking the Baïse region or enjoy a measure of Armagnac in its home town of **Condom**.

62 km • 22 locks • 16 hr one way cruising time

1 WEEK - RETURN TRIP

Le Mas d'Agenais/Moissac/Nérac

Canal latéral à la Garonne - Baïse
A remarkable Rembrandt hangs in **Le Mas-d'Agenais** in the Romanesque St. Vincent's church. Intrigue your palate with wine tastings at **Buzet-sur-Baïse** and visit L'Espace Pruneau at **Agen** to learn more about succulent prunes. Cycle through **Valence d'Agen**, a stunning example of a Bastide town. Take a picnic ashore at **Nérac** and browse through the excellent art gallery.

204 km • 46 locks • 38 hr round trip cruising time

Le Mas d'Agenais/Lustrac

Canal latéral à la Garonne – Baïse, Garonne, Lot
Explore the labyrinth of prune vines at **Granges sur Lot**. **Laparade** enjoys panoramic views across the Lot valley, great for sketching or painting. Plant lovers will be in their element at Latour Marliac water nurseries in **Le Temple sur Lot**. Join one of the guided walks at **Villeneuve sur Lot** that take place every morning.

204 km • 19 locks • 35 hr round trip cruising time
Crossing of the Garonne with pilot: 16 Euros